

DANCE AT THE CHATEAU / DANCE au CHATEAU

DANCE PERFECT Studio and **DOT504 Dance Company** hold a **workshop of Classical ballet & Contemporary dance** in a beautiful castle Rataje nad Sázavou in the picturesque countryside of Sázava river, nearby Prague. The workshop will run under the leadership of eminent teachers of Czech and international ballet scene and of the DOT504 Dance Company.



Venue

Castle Rataje nad Sázavou. Postal Code 285 07, Rataje – town about 50 km southeast of Prague. GPS: 49°50'30" – 14°57'24"

Dates

Monday, the 30th July – Friday, the 3rd August 2012

Workshop content

Ballet – technique

Immortal 300 years of Euro-Atlantic classical style of dance. In recent years, again in the attention of those who seek to perfect their skills through improving the "alphabet" dance techniques such as battements, pirouettes, tours, batteries, jetés ...

Ballet – Workshop

During the run of the workshop in which the participants can verify their knowledge of classical technique in dance practice we will rehearse a smaller choreographic whole taken from a classical ballet world repertoire

Contemporary dance

Lesson would start from warming up the body and gradually develop into its movement potentials. Short and longer motion sequences on the floor, standing up, in the place and space. The awareness and use of basic principles when changing body positions (points of support, opposition, balance, fall, capture, spiral, initiation and sequence of motion). The emphasis on linking breath with movement, efficiency, economy and quality of the moves.

After dance Relax & understanding (session) – bonus lessons

These are special lessons of relaxation,

stretching and compensation of strained body parts. Time of concentration, explanation and understanding of the most interesting physical principles!

All lessons – classical ballet and contemporary dance – will be adapted to the current level of participants, therefore the participation in the workshop would be most effective for everyone.

Schedule

9:30-11:00		
hall 1	Ballet technique – advanced	Václav Janeček
hall 2	Ballet technique – intermediate	Nina Brzorádová
11:15-12:45		
hall 2	Contemporary Dance	Tomáš Nepšinský
14:00-15:30		
hall 1	Ballet workshop – advcd & interm.	Václav + Nina
15:30-16:00		
hall 2	After dance Relax (Tue & Thu only)	Václav Janeček
16:00-17:30		
hall 1	Contemporary Dance	Tomáš Nepšinský
Wed (1 st August):		
	Relaxing day – only morning lessons, afternoon free	

Workshop fee

Paid by bank transfer **before** the 13th July 2012

4 lessons a day (Wed 2 lessons only) – together 18 lessons € 120

3 lessons a day (Wed 2 lessons only) – together 14 lessons € 110

2 lessons a day – together 10 lessons € 90

Paid by bank transfer **after** the 13th July or in cash on the place

4 lessons a day (Wed 2 lessons only) – together 18 lessons € 130

3 lessons a day (Wed 2 lessons only) – together 14 lessons € 120

2 lessons a day – together 10 lessons € 100

The lessons After dance Relax & understanding (Tue and Thu – 15:30-16:00) **are free** – as a bonus to all interested ones!



How to apply

The number of participants is limited for obvious reasons.

- application form no later than Friday, the 29th June 2012 by e-mail to info@danceperfect.cz;
- specify how many lessons a day you would like to attend:
4 lessons daily: ballet technique, ballet workshop, Contemporary 2x
3 lessons daily: ballet technique, ballet workshop, Contemporary 1x
or
2 lessons daily: ballet technique, ballet workshop
or
Contemporary 2x
- attach to the application
 - some information about your current dance practice;
 - if attending classical ballet lessons, please specify if you consider yourself rather between intermediate or advanced – this information will be for us a valuable guide in the preparation of the workshop to fulfil well your expectations
- we will **confirm** acceptance of your application no later than **Wednesday, the 4th July 2012**, and send you the details for payment by bank transfer;
- the deadline of **payment** of the workshop is **Friday, the 13th July 2012**. Failure to comply with the payment deadline would mean that the higher price will be charged (see Workshop fee chapter).

Contact

DANCE PERFECT Studio • Mgr. Lenka Ottová
• Tel. +420 221 085 260, GSM +420 602 558 339 • e-mail: info@danceperfect.cz • www.danceperfect.cz



Workshop teachers

Václav Janeček, PhD
Dramaturge of the National Theatre Ballet in Prague and of the Laterna Magica theatre, teacher of classical dance methodology and history of dance pedagogy at the Department of Dance Academy of Performing Arts; in the years 1982-2001 ballet soloist and later ballet master in the ensemble

of Laterna Magica theatre. He is a member of many professional grant committees and of Academic Senate of Department of Dance Academy of Performing Arts in Prague. He has published significant books about dance and its influence on the human body, dance pedagogy as well as about the phenomenon of Laterna Magica theatre. In addition to many other pedagogical activities within the campus he teaches classical ballet for professionals at the DANCE PERFECT Studio and in the DOT504 Dance Company. More about Vaclav Janeček you can find on www.danceperfect.cz.

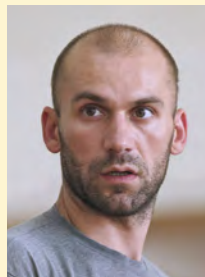


Nina Brzorádová

A native of New York, graduated from the Balanchine School of American Ballet. She began her professional career in engagement of The Eglevsky Ballet Company – New York, The Spectacular Ballet and The American Ballet Theatre. She has appeared in the movie *The Turning Point* with M. Baryshnikov. She was the first Iranian National Ballet

soloist in Tehran, also at the New Jersey Ballet Company and the Essener Ballet in Germany. After returning to New York she

became a first soloist, co-founder and an assistant of artistic director of Dance Theatre of Long Island Ali Pourfarrokhi. She was co-founder and faculty member of North Shore School of Dance. She also worked as an associate professor and a guest artist at the Department of Dance Hofstra University in New York. Another of her educational activities: an instructor at the Neubert Ballet Institute in Carnegie Hall, the School Peridance (artistic director Igal Perry) and the Ballet Academy of East New York. In the Czech Republic she has worked as a freelance lecturer in the Ballet of the National Theatre in Prague, in the Prague Chamber Ballet, in the theatre Laterna Magica and in the Duncan Center. She has held a series of master classes at the Prague Academy of Performing Arts. Among many other activities she teaches classical ballet for professionals in the DANCE PERFECT Studio and in the DOT504 company. More about Nina Brzorádová you can find on www.danceperfect.cz.



Tomáš Nepšinský

Tomáš is a graduate of Modern Dance at the J. L. Bella Conservatory in Banská Bystrica, Slovakia. He is a co-founder of the Dance Studio in Banská Bystrica where he teaches classical and modern dance. At the same time he is a teacher at the Conservatory of L. J. Bella. In 2001 he studied White Butttó technique in Sofia. As a dancer he took part in

the projects of choreographers Zuzana Hájková, Zuzana Kozánková, Milan Kozánek, Tomáš Krivošík, Anton L'achký, Simon Sandroni and Lenka Flory, etc. As a movement and choreographic consultant he took part in theater projects in Slovak theaters in Martin, Prešov, Nitra, Zvolen, Banská Bystrica. In 2005 he was nominated for the prestigious Philip Morris Award for Best Artist of Contemporary Dance.

He is a longtime member of the DOT504 Dance Company, with whom he won the "HERALD ANGEL AWARD" for the project *100 Wounded Tears* by Jozef Fruček & Linda Kapetanea the Fringe Festival 2009 in Edinburgh, Scotland.

Dagmar Huff – piano accompanist

She graduated from the State Conservatory in Prague, subject piano play. After graduating she continued to the Jazz conservatory of Jaroslav Ježek; later she worked as a piano teacher at the Music School for 13 years. Since 1999 she has worked as an accompanist at the Dance Conservatory in Prague and eight years in the Ballet of the National Theatre – theatre Laterna Magica.

USEFUL INFORMATION

Accommodation

- Club Čtrnáctka – Náměstí Míru 14, 285 07 Rataje n. Sázavou, phone +420 721 351 040, +420 602 292 832 Double rooms – capacity of 12 beds, CZK 500 per room/night
- Restaurant U Jindřicha – Náměstí Míru 32, 285 07 Rataje n. Sázavou, phone +420 327 322 360, +420 739 031 071, e-mail: jindrich.kostal@seznam.cz Three- & four-bed rooms – capacity of 13 beds, CZK 300 per bed/night

Other accommodation options:

<http://www.penziony.cz/ubytovani/rataje-nad-sazavou/>



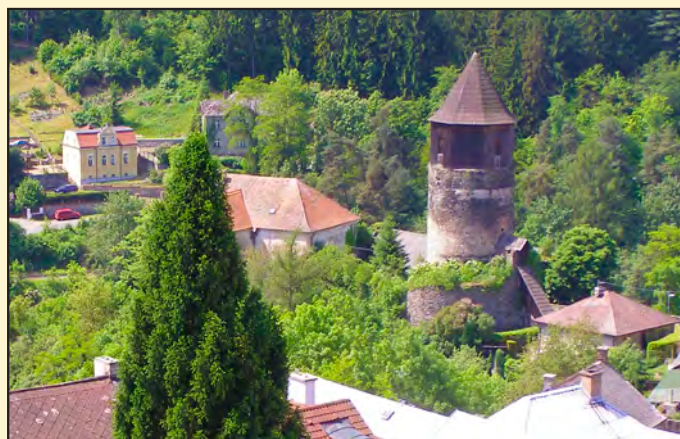
Transport

- by bus – bus departure from the Prague station – Háje (tube “C”), transfer in Sázava (from Prague about 2 h)
- by train – departure from Main railway station Prague, transfer in Kolín to Rataje nad Sázavou (from Prague about 2 h)
- by car – from Prague or Brno on the D1 motorway, exit 41, direction Český Šternberk and Uhlířské Janovice, turning to Rataje nad Sázavou (from Prague about 50 min.).

<http://jizdnirady.idnes.cz/praha/spojeni/> (also in English)



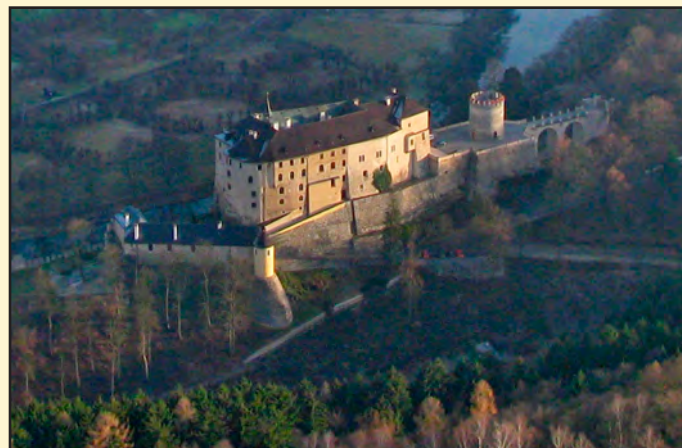
Rataje nad Sázavou – The original Gothic castle from 14th century was rebuilt in Renaissance style in the 16th century. The Baroque style was adapted in 1675. Over the Sázava valley there lies the castle of Pirkštejn from the 14th century.
<http://www.obecrataje.cz/>



FAQ

Frequently Asked Questions still haven't been mentioned. Whatever you want to know about the workshop, the venue, the lecturers or anything else with what we can help, **please contact us**.

Rataje nad Sázavou – surroundings



Český Šternberk – an impressive Early Gothic medieval castle of 13th century is a property of the original owners. There are possible tours around opulently furnished interiors, collection of historical weapons etc.

<http://www.hradceskysternberk.cz/>



Sázava city – there is the famous Sázava monastery founded in the 11th century by St. Procope who also became its first abbot.

<http://www.klaster-sazava.cz/>

Sázava valley – directly from the castle you can take a nice walk through the Sázava valley– one of the most romantic rivers in the country. There are many marked hiking trails.



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